



*Invite Ignite Inspire*

**Aldergrove Public School**  
**150 Aldergrove Dr.**  
**Markham, ON.**  
**L3R 6Z8**  
**905.470.2227**

**Email:**

[aldergrove.ps@yrdsb.ca](mailto:aldergrove.ps@yrdsb.ca)

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**APS Guiding Questions:**  
**Who am I?**  
**Who are you?**  
**Who are we together?**

**APS - Seven Values**  
**Citizenship**  
**Empathy**  
**Inclusivity**  
**Innovation**  
**Relationships**  
**Self-Awareness**  
**Optimism**



# Aldergrove Public School Community Newsletter

## January 19, 2024, Vol. 10

### Message from the Office

We hope that 2024 is off to a great start for families in the community. These first weeks back have allowed scholars to reacquaint themselves with rules and expectations at the school. Scholars are remembering to dress according to the weather each day. They are interacting with each other in positive ways. The new year is a great time to reset and focus on goals. Our focus at Aldergrove is to create identity affirming spaces where scholars, staff and families feel like they matter and belong.

We acknowledge the Tamil celebration of Thai Pongal and hope that our Tamil families had a happy celebration. Thank you to our families who took the time and created a beautiful display in the foyer for us.

As we approach the end of Term One, we remain committed to our learning goals for the year. We remind all parents of the importance of being involved in their child's school life and supporting them in setting achievable and attainable goals. We look forward to working together on these goals in partnership over the next few months. Both teachers and the administration look forward to your continued partnership.

Partners in education,

Ms. Jessa  
Principal

Mr. Pamayah  
Vice Principal

### Resources for Families

[Guide to the School Year](#)  
[Student Mental Health and Addictions Newsletter - January](#)  
[York Hills Positive Parenting Seminars](#)  
[The Centre for Black Student Excellence Newsletter - January](#)  
[Markham Public Library](#)  
[Aldergrove Archives: Past Newsletters and School Council Minutes](#)

### School Schedule

8:15 am - staff on duty outside (scholars stay outside until entry bell, except when it's raining)  
8:25 am - entry bell  
8:30 am - learning block  
10:10 am - 10:40 am recess  
10:40 am - 12:20 - learning block  
12:20 pm - 1:20 pm lunch  
1:20 pm - 3:00 pm learning block  
3:00 pm - dismissal

### Safe Arrivals:

Please be on time for school. If your child is late or will be absent, please inform the school office or use EDSBY to share this information.

## School Arrival Time

Families are reminded school starts at 8:30. Staff supervision starts at 8:15. Scholars need to wait outside at the correct entry door until they are let into the school just before 8:30. They should only be inside the school if they are attending the Breakfast Program.



## Bus Loop Safety

We need all drivers using the bus loop to slow down. Please do not park and leave your vehicle in the "Kiss-and-Ride" or Bus Loop as it can be unsafe for arrival and dismissal. There are three lanes in our bus loop. One designated for the drive thru, one for kiss and ride and one for the buses only. When vehicles are left unattended the bus cannot maneuver safely in the bus loop. Please respect this procedure and stay inside your vehicle in the bus loop.



## School Council

Please take a look at the dates planned for meetings this year and mark them on your calendar. Child care and language translation is provided at each meeting.

- Thursday, January 25, 2024 Movie Night
- Thursday, February 22, 2024 3rd Council Meeting
- Thursday, March 7 Council Event
- Friday, April 19 Staff Appreciation Luncheon
- Thursday, April 25 Tentative Event
- Thursday, May 16 4th Council Meeting
- Thursday, May 30 Culminating Event

You can access past School Council Minutes [here](#).

## Grade 8 Transition to High School

Course selection is fast approaching for high school. Students will be choosing 2 elective courses in Grade 9. The other 6 classes are preselected by their high school. These classes are English, Math, Science, French, Geography & Physical Education.

On Thursday, January 25, Milliken Mills High School will be meeting with all grade 8 students to share with them this process and answer questions. Course selection will be open from February 15 - 23, 2024. We will be checking in with all students to support them with course selection.

You can support your child by talking with them about what they might be interested in [selecting for courses](#) next year and about all of the [secondary school programs](#) available. Please reach out to Darren Berberick if you have any questions at [darren.berberick@yrdsb.ca](mailto:darren.berberick@yrdsb.ca). This is an exciting time for Grade 8 students.

## Tamil Heritage Month

The Canadian government has officially proclaimed January as Tamil Heritage Month in Canada. Tamil Heritage Month aims to celebrate the richness of the Tamil language and its literature and highlight Tamil Canadians' vibrant traditions, histories, arts, and cultures. In addition, it seeks to recognize the significant contributions of Tamil Canadians in key areas of social, cultural, economic, and political spheres. This year's focus is Tamils' contribution towards Economic growth - Past, Present, future.

January 15, 2024, begins the month of "Thai." On this day, people of Tamil heritage celebrate Thai Pongal, the Tamil harvest festival. Thai Pongal is the most important and widely-celebrated festival amongst Tamils around the globe. Thai Pongal is a time to give thanks for the previous year's blessings and a time to look forward to the New Year. The staff and scholars of Aldergrove P.S. look forward to recognizing Tamil Heritage Month with our Tamil community.



## Aldergrove's Black Student Union

The Black Student Union or B.S.U for short is an Identity specific club, which meets Every Friday at Lunch in room 101. This club supports in cultivating a safe and supportive space for our Black Identifying scholars. It began last winter in response to scholars voice. Scholars enjoy learning about Black culture and they engage in fun activities. Recently the group has created a unique puzzle mural and it is on display in our front foyer.

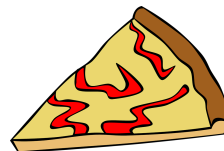


## Term 2 Aldergrove Lunch Programs will start soon!

Tuesday: Pizza Lunch, February 6-June 25.

Wednesday: Sushi Lunch, February 7-June 26.

Friday: Sub Lunch, February 9-June 21.



## Cold Weather is Here!

This is a reminder that all scholars are expected to go outside for recess. Please ensure that your child/ren are dressed appropriately for winter weather. A change of clothes would be helpful for primary children should they get wet during the day. Please make sure all clothing items are labeled with your child's name. Our "Lost and Found" bin gets filled up quickly and belongings often go unclaimed. Please make sure your child has a pair of indoor shoes for school.



## Elementary School Dental Screening Program

York Region Public Health has resumed the dental screening program in schools. Public health staff will begin visiting Aldergrove on January 26 and 29, 2024. A letter will be distributed to families closer to the time of screening.



## Kindergarten Registration

Kindergarten registration for September 2024 begins January 19 for the 2024-25 school year. Children who turn four or five years old during 2024, live within the school boundary, and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten.

There are several ways you can register for Kindergarten:

- Online - Families can access the online Kindergarten registration information at [www.yrdsb.ca/kindergarten](http://www.yrdsb.ca/kindergarten). It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- By email - Families can download the [Elementary School Registration Form](http://www.yrdsb.ca/Kindergarten) at [www.yrdsb.ca/Kindergarten](http://www.yrdsb.ca/Kindergarten) and email the completed form to their school email address. Email addresses can be found on the [school website](#).
- By phone - Families can request support to complete the registration form on their behalf by collecting the required information by phone. Families can request an interpreter, if needed, during this phone conversation. [Call your local school](#).
- In-person at the school - Families may visit the school office to drop off or complete a registration form.

Once you have completed your application, the school will contact you to make an appointment to review and verify the [required documents](#).

Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at [www.yrdsb.ca/Kindergarten](http://www.yrdsb.ca/Kindergarten). We look forward to welcoming our new students and families to the school.

## **The Boomerang Lunch Program has Started at Aldergrove**

**HOW IT WORKS:** All waste from your child's snacks/lunches will be returned home in their lunch bags. This includes all packaging, uneaten food and leftovers.

**WHY WE NEED THIS PROGRAM:** Most lunch trash comes from disposable packaging of single use food items, plastic bags and foil. It's estimated that the average school age child using a disposable lunch produces 67 pounds of lunch waste per school year! Using re-usable containers, thermos bottles and bringing the right amount of food will let children know they can be part of the solution to our waste problems.

**BENEFITS:** A Boomerang lunch provides you with information about the eating habits and preferences of your child. By carrying home the leftovers you can see what's been eaten or not. Teachers see a huge amount of uneaten food go into the garbage day after day. This is not only wasteful but expensive. We know this is asking families to re-think food preparations and student actions but our hope is that informative discussions will take place and habits will change. Packing a waste free lunch not only helps the environment it can also result in healthier more nutritious snack/lunches. Did you know that many pre-packaged foods contain significant amounts of salt, preservatives, sugar and fat?

### **Waste Free Snack/ Lunch Tips**

1. Use reusable lunch carriers. Please avoid plastic or paper bags.
2. Use reusable containers. Please avoid plastic wrap, foil, wax paper, Styrofoam.
3. Use reusable drinks bottles or thermos. Please avoid single-use juice boxes, pouches, cans and plastic water bottles.
4. Use a cloth napkin and wash and re-use. Please avoid paper napkins.
5. Use silverware and wash and re-use. Please avoid plastic forks/knives.
6. Buy fresh fruits and vegetables and cut them up so you can send the right amount. Cutting and peeling fruit and vegetables makes it quicker and easier for your child to eat in their short eating time.
7. Get your children to help pack their snacks/lunches with healthy foods.
8. Only pack as much food as your child will eat.

## **Lunar New Year Community Event**

We are excited to share with our Aldergrove Families that Vi's No Frills (681 Silver Star Blvd) will be celebrating Lunar New Year with a lion dance. It will take place on Saturday, February 10 at 9:30 am inside the No Frills supermarket. Enjoy the festivities with your family and watch the lion dance.





# January 2024

The Breakfast Program is **OPEN** every day from 8:00 - 8:25 am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Day 1 (No School) ▶	2 Day 2	3 Day 3	4 Day 4	5 Day 5	6
7	8 Day 1 School reopens	9 Day 2 Pizza Day 🍕	10 Day 3 Sushi Day 🍣	11 Day 4	12 Day 5 Sub Day 🍷	13
14	15 Day 1 Thai Pongal	16 Day 2 Pizza Day 🍕	17 Day 3 Sushi Day 🍣	18 Day 4	19 PA Day No School	20
21	22 Day 5	23 Day 1 Pizza Day 🍕	24 Day 2 Sushi Day 🍣	25 Day 3 Gr. 8 Milliken Mills Visit Movie Night	26 Day 4 Sub Day 🍷 Spirit Day: Winter Wonderland Dental Screening	27
28	29 Day 5 Dental Screening Snowshoes at Aldergrove ▶	30 Day 1 Pizza Day 🍕	31 Day 2 Sushi Day 🍣 Gr. 4 at Milne	February 1 Day 3 Gr. 4 at Milne Lego Robotic Competition	February 2 Groundhog Day PA Day No School	

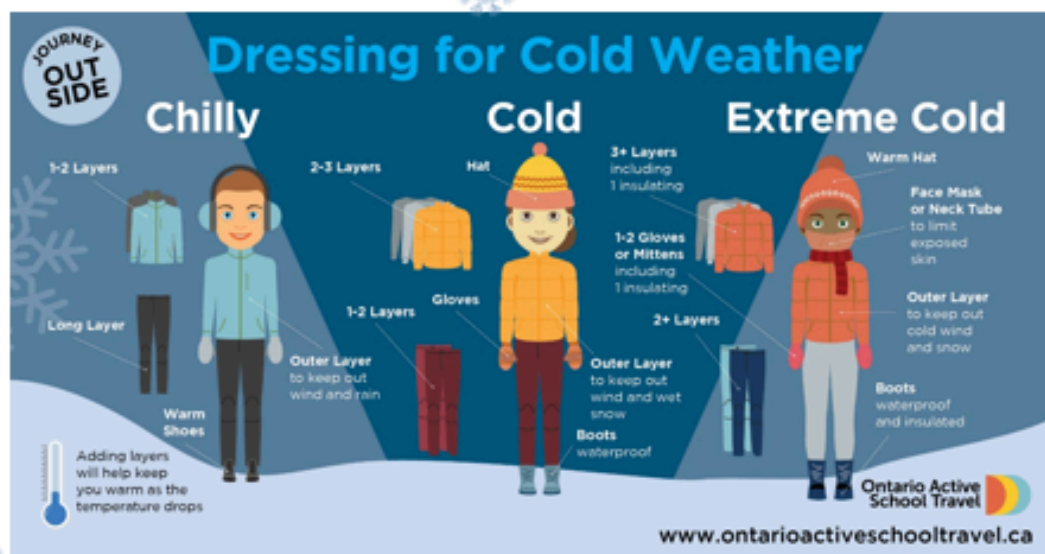
📞 Phone: (905) 470-2227

✉ Email: [aldergrove.ps@yrdsb.ca](mailto:aldergrove.ps@yrdsb.ca)

📱 Twitter: @aldergroveps



As we get ready to embrace the winter months we wanted to remind students and families about dressing warm, staying hydrated, and giving yourself extra time to travel. Winter walking can feel overwhelming but it doesn't have to be. Below are some important dressing tips and winter walking tips to consider when traveling actively to school. Take some time to review these tips with your child.



### Winter Walking Tips

- Bend knees slightly and keep them loose to give more balance
- Walk flat footed so more of your foot is touching the ground
- Point your feet out slightly like a penguin
- Watch where you are stepping
- Take shorter, shuffle-like step
- Keep your arms at your sides (not in your pockets!)
- Concentrate on keeping your balance
- Very important...walk slowly!

Source of tip above: Do the [Penguin Walk](#) and [YR Winter Safety Tips](#)



# JANUARY 2024

NO PROGRAMS JANUARY 1st-5th.   
Indoor programs return January 15th

	Monday	Tuesday	Wednesday	Thursday
Indoor Programs	<p><b>Learn and Play</b> 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p> 	<p><b>Winter Wonderland</b> 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p> 		<p><b>Learn and Play</b> 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p>
Virtual Programs	<p><b>#Bedtime Stories</b> 6:30PM Facebook Live Birth-6 years unregistered</p>	<p><b>#Storytelling</b> 12:30PM Facebook Live Birth-6 years unregistered</p>	<p><b>#Circletime</b> 12:30PM Facebook Live Birth-6 years unregistered</p>	<p><b>#PlayandLearn</b> 12:30PM Facebook Live Birth-6 years unregistered</p>
Outdoor Programs			<p><b>Nature Walk</b> 9:30-11:00 AM Aldergrove Park Birth-6 years unregistered</p>	

## Program Descriptions

**Winter Wonderland** - This Winter Wonderland is designed to celebrate the joy of the season while promoting developmental milestones for young children in a safe and engaging environment. Located at Aldergrove P.S., Room # 101

**Learn and Play** - This program is designed for children Birth-6 years of age and their caregivers. The focus of this program is to provide learning through free play and build positive relationships amongst families. Located at Aldergrove P.S., Room # 101.

**#Storytelling** - Snuggle up in a cozy spot at home and get ready to relax and enjoy a story.

**Nature Walk** - Nature walk is a nature-based outdoor program tailored for children aged 0-6 years, dedicated to fostering a deep connection with the natural world. Through immersive experiences, our program aims to instill a sense of wonder and appreciation for the environment while promoting holistic development and a lifelong love for nature. Located at Aldergrove Park.

**#Circletime** - Join us on Facebook for interactive music and stories.

**#PlayandLearn** - Join us on Facebook for parents and caregiver to learn different hands-on, open-ended activities for children.

**#BedtimeStories** - Join us live on Facebook for dreamland tales is an enchanting online bedtime stories program created to make the bedtime routine a magical and educational experience for children.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/markhamcapc> 





# 2024 年 1 月

1 月 1 日至 5 日没有节目。  
室内节目将于 1 月 15 日回归



	周一	周二	周三	周四
室内节目	<b>学习和玩耍</b> 上午 9:30-11:30 奥尔德格罗夫公立学校出生 - 未注册 6 岁 <b>NEW!</b>	<b>冬季仙境</b> 上午 9:30-11:30 奥尔德格罗夫公立学校出生 - 未注册 6 岁 <b>New!</b>		<b>学习和玩耍</b> 上午 9:30-11:30 奥尔德格罗夫公立学校出生 - 未注册 6 岁
虚拟节目	<b>#睡前故事</b> 6:30PM Facebook 活产 - 6 年未注册	<b>#评书</b> 12:30PM Facebook 活产 - 6 年未注册	<b>#循环时间</b> 12:30PM Facebook 活产 - 6 年未注册	<b>#边玩边学</b> 12:30PM Facebook 活产 - 6 年未注册
户外活动			<b>自然漫步</b> 上午 9:30-11:00 Aldergrove Park 出生 - 6 岁未登记	

## 计划说明

**冬季仙境** - 这个冬季仙境旨在庆祝季节的欢乐，同时在安全和引人入胜的环境中促进幼儿的发展里程碑。位于 Aldergrove P.S., 101 室

**学习和玩耍** - 该计划专为出生至 6 岁的儿童及其照顾者而设计。该计划的重点是通过自由玩耍提供学习并在家庭之间建立积极的关系。位于 Aldergrove P.S., 101 室。

**#讲故事** - 依偎在家里舒适的地方，准备放松并享受故事。

**自然漫步**——自然漫步是一项为 0-6 岁儿童量身定制的以自然为基础的户外活动，致力于培养与自然世界的深度联系。通过身临其境的体验，我们的计划旨在灌输对环境的惊奇感和欣赏感，同时促进全面发展和对自然的终生热爱。位于奥尔德格罗夫公园。

**#Circletime** - 在 Facebook 上加入我们，享受互动音乐和故事。

**#PlayandLearn** - 在 Facebook 上加入我们，让家长 and 看护者为孩子学习不同的实践、开放式活动。

**#BedtimeStories** - 加入我们的 Facebook 直播，聆听梦境故事是一个迷人的在线睡前故事节目，旨在让睡前例行公事成为孩子们的神奇教育体验。

访问: <https://www.facebook.com/groups/markhamcapc> 加入我们的虚拟程序私人 Facebook 群组





# KINDERGARTEN REGISTRATION

There are several ways you can register your child for Kindergarten

## Option 1: Online

Register online by visiting [www.yrdsb.ca/kindergarten](http://www.yrdsb.ca/kindergarten).



## Option 2: Phone

Register by calling the school to request support to complete the registration over the phone. Interpreters available upon request.



## Option 3: In Person

Visit the school office to drop off or complete a registration form.



## Register in just two easy steps:

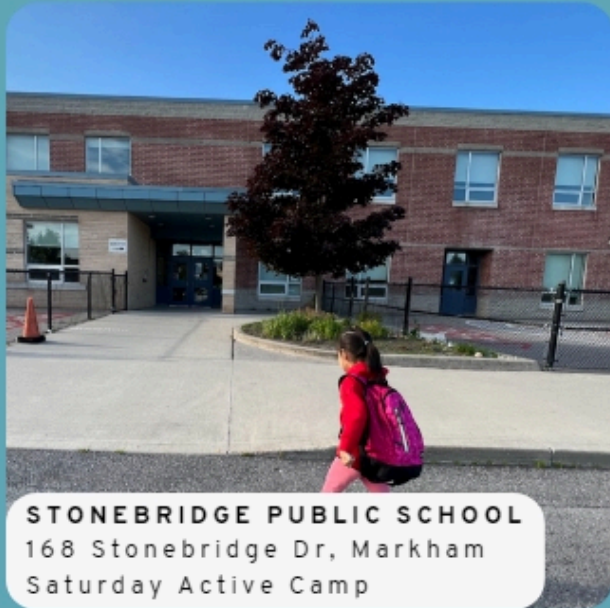
1

Complete registration form and submit to the school

2

The school will contact you to review and verify the required documents

# WEEKEND CAMP MARKHAM



**STONEBRIDGE PUBLIC SCHOOL**  
168 Stonebridge Dr, Markham  
Saturday Active Camp

### Dates

Starting Jan. 27, 2024

### Time

(Full-Day) 9 AM - 4 PM  
(Half-Day) 9 AM - 12 PM  
(Half-Day) 1 - 4 PM

### Age

5-12 year olds



## SPORTS KNOWLEDGE & FUN

York Region Educational Services  
is a registered not-for-profit  
organization. We offer every  
camper a free half-day camp.



### CONTACT:

(416)-475-6622

[info@yorkeducation.ca](mailto:info@yorkeducation.ca)

SCAN & REGISTER:





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**Twitter:**  
[@aldergroveps](https://twitter.com/aldergroveps)



APS 指导问题：  
我是谁？  
你是谁？  
我们在一起是谁？

APS学校七个价值  
公民责任  
同理心  
包容  
创新  
关系  
自觉  
乐观

**Inspire Learning!**

## Aldergrove Public School 社区通讯 2024 年 1 月 19 日, 第 10 期

来自办公室的消息

我们希望 2024 年对于本社区家庭来说是一个良好的开端。前几周让学者们重新熟悉了学校的规则和期望。学者们记得根据每天的天气来穿衣服。他们正在以积极的方式相互交流。新的一年是重新设定和专注于目标的好时机。Aldergrove的重点是创造身份确认空间，让学者、工作人员和家庭感到自己重要和有归属感。

我们感谢泰米尔人庆祝泰国丰收节，并希望我们的泰米尔家庭度过了一个愉快的庆祝活动。感谢我们的家人花时间在门厅为我们创造了美丽的展示。

随着第一学期即将结束，我们仍然致力于实现今年的学习目标。我们提醒所有家长参与孩子的学校生活并支持他们设定可实现的目标的重要性。我们期待在接下来的几个月中共同努力实现这些目标。老师和行政人员都期待您继续合作。

教育合作伙伴，

**Ms. Jessa**  
校长

**Mr. Pamayah**  
副校长

家庭资源

[学年指南](#)

[学生心理健康和成瘾通讯 - 一月](#)

[York Hills 积极育儿研讨会](#)

[黑人学生卓越中心时事通讯 - 一月](#)

[万锦公共图书馆](#)

Aldergrove档案: [过去的社区通讯和学校理事会会议纪要](#)

学校时间表

上午 8:15 - 学校工作人员开始外面值班

8:25 - 进校铃响

8:30 - 学校早会和课程开始

10:10 - 课间休息 (30 分钟)

10:40 - 课程继续

12:20 - 午餐 (1小时)

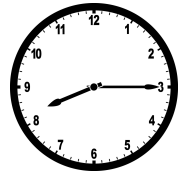
1:20 - 课程继续

3:00 - 放学

安全抵校: 请准时到校。如果您的孩子将迟到或缺席, 请通知学校办公室或使用 EDSBY 分享此信息。

## 到校时间

提醒家人学校于 8:30 开始上课。工作人员监督于8点15分开始。学者们需要在外面的正确入口处等候，直到 8:30 之前被允许进入学校。只有参加早餐计划时，他们才可以在学校内。



## 校车环路安全

我们需要所有使用校车环路的司机减速。请不要将您的车辆停放在“接送区”或巴士环路中，因为抵达和下车时可能不安全。我们的巴士环路共有三个车道。一是指定用于驾车穿过，一是用于Kiss-and-Ride接送区，一种仅用于校车。当车辆无人看管时，校车无法在校车环路中安全行驶。请遵守此程序并留在环路内的车内。



## 学校理事会

请查看今年计划的理事会议日期并将其标记在您的日历上。每次会议均提供儿童看护和语言翻译。

- 2024 年 1 月 25 日星期四电影之夜
- 2024 年 2 月 22 日，星期四，第三次家长理事会会议
- 3 月 7 日星期四，家长理事会活动
- 4 月 19 日星期五，员工答谢午宴
- 4 月 25 日，星期四 暂定活动
- 5 月 16 日，星期四 第四次家长理事会会议
- 5 月 30 日星期四最终活动
- 

您可以在[此处](#)查看过去的学校理事会会议纪要。

## 八年级过渡到高中

高中选课即将临近。学生将在9年级选择2门选修课。其他6门课程由所在高中预选。这些课程包括英语、数学、科学、法语、地理和体育。

1 月 25 日星期四，Milliken Mills 高中将与所有 8 年级学生会面，与他们分享这一过程并回答问题。课程选择将于 2024 年 2 月 15 日至 23 日开放。我们将与所有学生进行沟通，以帮助他们的课程选择。

您可以通过与孩子讨论他们明年可能有兴趣[选择的课程](#)以及所有可用的[中学课程](#)来支持您的孩子。如果您有任何疑问，请通过 [darren.berberick@vrdsb.ca](mailto:darren.berberick@vrdsb.ca) 联系老师 Darren Berberick。对于 8 年级的学生来说，这是一个激动人心的时刻。

## 泰米尔传统月

加拿大政府正式宣布一月为加拿大泰米尔传统月。泰米尔传统月旨在庆祝泰米尔语言及其文学的丰富性，并突出泰米尔加拿大人充满活力的传统、历史、艺术和文化。此外，它还寻求认可泰米尔加拿大人在社会、文化、经济和政治领域的关键领域的重大贡献。今年的重点是泰米尔人对经济增长的贡献——过去、现在和未来。

2024年1月15日，“泰国月”开始。这一天，泰米尔人庆祝泰米尔丰收节 Thai Pongal。泰国丰收节是全球泰米尔人最重要、最广泛庆祝的节日。泰国丰收节是感谢前一年祝福的时刻，也是展望新年的时刻。Aldergrove P.S. 的工作人员和学者期待与我们的泰米尔社区一起庆祝泰米尔传统月。



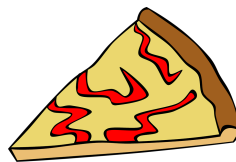
## Aldergrove Black Student Union 黑人学生会

黑人学生会（简称 B.S.U）是一个特定于身份的俱乐部，每周五在 101 室午餐时聚会。该俱乐部支持为我们的黑人识别学者培养一个安全和支持性的空间。它始于去年冬天，以回应学者的声音。学者们喜欢了解黑人文化并参与有趣的活动。最近，该小组创作了一幅独特的拼图壁画，并展示在我们的前厅。



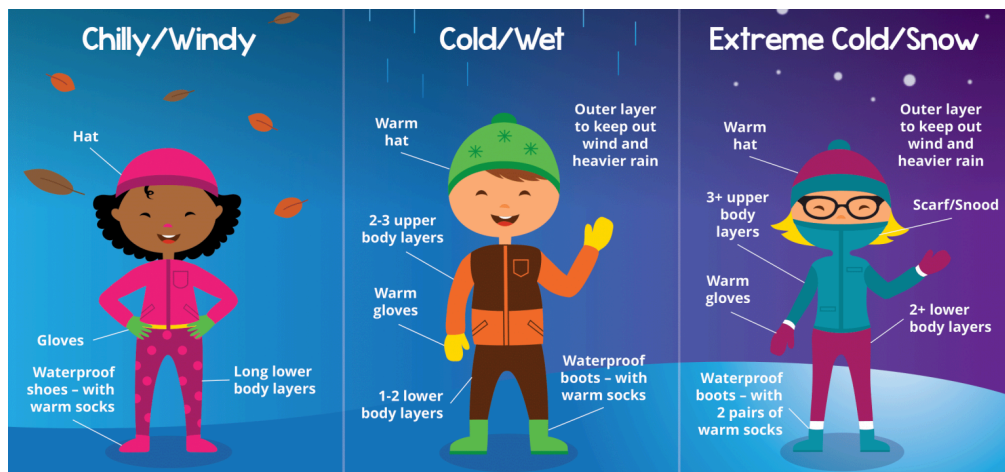
## Aldergrove 第二期午餐计划即将开始

周二：披萨午餐，2月6日至6月25日  
星期三：寿司午餐，2月7日至6月26日  
周五：三明治午餐，2月9日至6月21日



寒冷的天气来了！

提醒您，所有学者都应该到外面休息。请确保您的孩子穿着适合冬季的衣服。如果学生白天弄湿了，多一套衣服会对他们有帮助。请确保所有衣物都标有您孩子的名字。我们的“失物招领”箱很快就被装满，也经常无人认领。请确保您的孩子有一双适合上学的室内鞋。



## 小学牙齿检查计划

约克地区公共卫生部门已恢复学校的牙齿筛查计划。公共卫生工作人员将于 2024 年 1 月 26 日至 29 日开始到访 Aldergrove。临近筛查时间，一封信将分发给家庭。



## 幼儿园报名

2024-25 学年 9 月开始的幼儿园注册将于 1 月 19 日开始。2024 年期间年满四岁或五岁（2020 出生）、居住在学校范围内且父母/监护人是公立学校税务支持者的儿童将有资格注册幼儿园。

您可以通过以下几种方式报名幼儿园：

- 在线 - 家庭可以访问 [www.yrdsb.ca/kindergarten](http://www.yrdsb.ca/kindergarten) 访问在线幼儿园注册信息。建议家庭使用笔记本电脑或桌上型电脑，而不是电话来完成此注册。
- 通过电子邮件 - 家庭可以在 [www.yrdsb.ca/Kindergarten](http://www.yrdsb.ca/Kindergarten) 下载 [小学注册表](#)，并将填好的表格通过电子邮件发送到学校的电子邮件地址 [aldergrove.ps@yrdsb.ca](mailto:aldergrove.ps@yrdsb.ca)。
- 通过电话 - 家庭可以通过电话收集所需信息来请求支持代表他们填写注册表。如果需要，家人可以在电话交谈期间请求口译员。致电您 [当地的学校](#)。
- 亲自到学校 - 家庭可以前往学校办公室递交或填写注册表。

完成申请后，学校将与您联系并预约审核和验证所需文件。

我们的幼儿园课程充满关爱和热情，孩子们通过探索、玩耍和探究来学习。您可以访问 [www.yrdsb.ca/Kindergarten](http://www.yrdsb.ca/Kindergarten) 了解更多信息。我们期待着欢迎新学生和家庭来到学校。

## Boomerang 午餐计划将于 2024 年 1 月开始

运作原理：您孩子点心/午餐中的所有垃圾都将装在午餐袋中带回家。这包括所有包装、未吃的食物和剩菜。

为什么我们需要这个计划：大多数午餐垃圾来自一次性食品、塑料袋和铝箔的一次性包装。据估计，使用一次性午餐的学龄儿童平均每学年会产生 67 磅的午餐浪费！使用可重复使用的容器、保温瓶并携带适量的食物可以让孩子们知道他们可以成为解决垃圾问题的一部分。

好处：Boomerang午餐为您提供有关孩子饮食习惯和喜好的信息。通过把剩菜带回家，你可以看到哪些被吃掉了，哪些没有被吃掉。老师们日复一日地看到大量未吃的食物被扔进垃圾箱。这不仅浪费而且昂贵。我们知道这要求家庭重新考虑食物准备和学生行为，但我们希望能够进行内容丰富的讨论并改变习惯。包装无浪费的午餐不仅有利于环境，还可以带来更健康、更有营养的点心/午餐。您是否知道许多预包装食品含有大量的盐、防腐剂、糖和脂肪？

### 避免浪费点心/午餐小贴士

1. 使用可重复使用的午餐盒。请避免使用塑料袋或纸袋。
2. 使用可重复使用的容器。请避免使用保鲜膜、箔纸、蜡纸、聚苯乙烯泡沫塑料。
3. 使用可重复使用的饮料瓶或保温瓶。请避免使用一次性果汁盒、袋、罐和塑料水瓶。
4. 使用布餐巾并清洗并重复使用。请避免餐巾纸。
5. 使用银器并清洗并重复使用。请避免使用塑料叉子/刀子。
6. 购买新鲜的水果和蔬菜，并将它们切碎，以便适量寄送。切割和剥皮水果和蔬菜可以让您的孩子在短暂的进食时间内更快、更轻松地进行。
7. 让您的孩子帮忙用健康食品包装零食/午餐。
8. 仅携带孩子能吃的食物。

## 农历新年社区活动

我们很高兴与 Aldergrove 家庭分享 Vi's No Frills (681 Silver Star Blvd) 将通过舞狮庆祝农历新年。活动将于 2 月 10 日星期六上午 9:30 在 No Frills 超市内举行。与家人一起享受节日并观看舞狮。

